



Personal Training Bonus

Purchase a 10x Personal Training package
Get 5 Short Burst Training Sessions FREE
(includes TRX and Kettlebell!)

Available through July 31, a \$98 value!

SWEATSHOP WEEKLY COUPON



SAVVY SHOPPERS log on weekly
www.sweatshopfitness.com

- > promotional offers
- > 2 for 1 programs,
- > discounts, AND MORE.

MEMBERSHIP PACKAGE

Join us this summer and be rewarded!

Your choice of July and August membership FREE
or choose a Summer camp for FREE.

A VALUE UP TO \$250!

SIGN UP WITH GUEST SERVICES BY AUGUST 15.

SPECIAL SUMMER PACKAGE FOR MEN

- Pilates Camp for Men
 - Yoga Camp for Men
 - 10 Short Burst Training sessions
 - 1 month membership
- \$199, Value up to \$375!

Available through August, 23.

Babysitting Hours

MORNINGS: Monday–Friday, 8:45–11:00am; Saturdays, 9:00–11:00am. EVENINGS: Monday–Thursday, 5:45–7:15pm