

FALL 2008 SWEATSHOP PROMOTIONS



Value up to \$785,
packaged at an unbelievable value
of \$425!

**Get Started.
Get Taller.
Get Lots of Pilates.**

FALL PILATES

Designed as a serious starter package but
great value for experienced Pilates students.

- 5 private sessions with Level I or II trainer
(add \$75 for Level III)
- Choice of Beginning 6-week Matclass program
or 10-session Experienced Mat pass
- 2 months of General Membership

Offer expires Thanksgiving 2008.

Pilates goes PINK for breast cancer survivors

- TEN 30-minute private sessions
with Level II or III trainer
- BEGINNING 6-WEEK MATCLASS program
- TWO STOTT PILATES™ PINK TONING BALLS



Package Price \$375!
(value up to \$653)

Available through December 31, 2008.

UP TO **\$270**
IN SAVINGS

It Pays to have friends
BUDDY UP

MEMBERSHIP PROMO

Join together, split the sign-up fee, save \$150 AND both receive \$10 credit for 6 months toward your membership. (Current members may do the same by bringing in a new member and both will receive the \$10 reduction for 6 months.)

Meet with Guest Services and sign up by December 23, 2008.

**Buddy Up
Pilates**

GET 6 WEEKS
of Beginning Pilates Matclass,
3 times a week with a friend, family
member, or someone off the street!



Sign up 2-for-1 for Beginning Pilates Matclass
for Fall I and II and save up to \$245!

At least one person must be new.
Expires November 15, 2008.

VALUE UP TO \$650, PACKAGED AT GREAT PRICE OF \$425!

FALL FITNESS PACKAGE

**REV UP YOUR FITNESS LEVEL WITH THIS TERRIFIC COMBO
OF PERSONAL TRAINING, FITNESS PROGRAM, AND MEMBERSHIP.**

- 5 privates with Level I or II trainer (add \$75 for Level III)
- Choice of Kettlebell or Cardio Boxing 6-week program
- 2 months of General Membership

Offer expires Thanksgiving 2008.





SWEATSHOP

167 Snelling Avenue North
St. Paul, Minnesota 55104

651-646-8418

www.sweatshopfitness.com



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