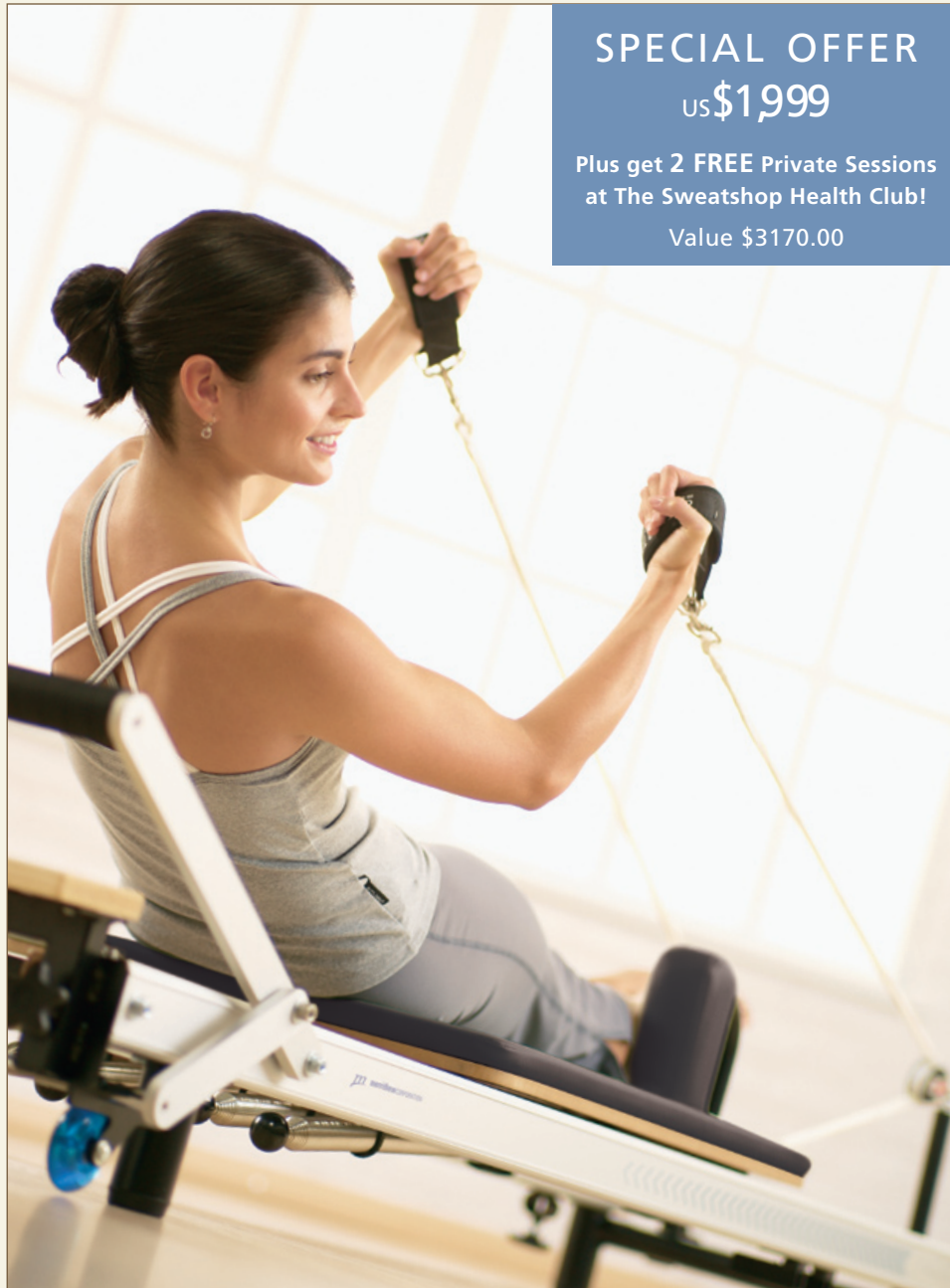


STOTT PILATES® At Home SPX™ REFORMER PACKAGE WITH JUMPBOARD



SPECIAL OFFER

US \$1,999

Plus get 2 FREE Private Sessions
at The Sweatshop Health Club!

Value \$3170.00

The STOTT PILATES® At Home SPX™ Reformer is easy to use and provides a challenging workout for users of all fitness levels and backgrounds. The professional quality and durability allow for exceptional versatility facilitating over 250 Pilates exercises. Enjoy the benefits of increased core strength, flexibility and endurance as well as exercise variety. Comes complete with a Jumpboard for cardio and plyometric exercises. Includes three DVDs for hours of programming options, providing you with studio-quality workouts in the comfort of your home.

- ▶ Easy-roll wheels make it a breeze to move
- ▶ Lightweight, only 100 lbs
- ▶ Fully adjustable
 - › Three gearbar positions
 - › Three headrest positions
 - › Four footbar positions
 - › Six carriage stopping positions
- ▶ Attractive chrome detailing
- ▶ Equipped with
 - › Five Reformer springs (Four full-tension and one half-tension)
 - › Removable shoulder rests
 - › Soft Reformer loops & ropes
 - › Secure spring housing system

Package includes:

- ▶ At Home SPX Reformer
- ▶ Large Jumpboard – SPX
- ▶ Reformer Box with Footstrap
- ▶ Padded Platform Extender
- ▶ Double Loop Straps
- ▶ Maple Roll-Up Pole
- ▶ Three DVDs
 - › *At Home Reformer Workout*
 - › *Essential Reformer, 3rd Edition*
 - › *Jumpboard Interval Training*



Contact Us:

visit: www.sweatshopfitness.com | email: gayle@sweatshopfitness.com
call: 651-646-8418 | address: 167 Snelling Ave. N, St Paul, MN 55104

The STOTT PILATES® At Home SPX™ Reformer Package with Jumpboard



four footbar positions drop easily into cradles



three headrest positions for proper neck alignment



six carriage stopping positions for different body sizes



one half- and four full-tension springs secure quickly & safely

At Home SPX™ Pilates Reformer Package with Jumpboard Includes:



Large Jumpboard for Cardio and Plyometric work



Reformer Box with Footstrap adds challenge and variety



Padded Platform Extender for standing exercises



Maple Roll-Up Pole and Double Loop Straps for hands & feet



Three DVD workouts with demonstrated exercises